




Are you throwing money away?

There's Still Time to Complete the *my*Well-Being Incentive Program before November 30!

Show Me the Money

You still have time to maximize the incentive you receive from participating in the [myWell-Being Incentive Program](#) before the November 30 deadline.

First, find out which [myWell-Being Incentive Programs](#) you, and your spouse, domestic partner and eligible dependents have completed. There are two ways to determine your incentive received so far.

1. Each eligible participant in your family can log into their [mywell-being.hersheys.com](#) account > Rewards Center > My Progress
 - a. Add the incentive associated with each green "star" box 
 - b. Enter the programs and amounts from above on the Incentive Tracking Form found on page 3 of the [myWell-Being Incentive Programs](#) resource document
2. Review your latest [pay statement](#) to find the amount listed under Earnings > EE Well Being. This will include the total received for all family members

Compare the amounts in 1 and 2 to the 2013 incentive limits to determine how much of your incentive remains to be completed. These amounts do not represent incentive programs that were completed, but for which payments are still processing. Programs completed in October will be paid on November 15 for salaried employees and on November 22 for hourly employees. The final payment for remaining completed programs will be paid on December 20 for hourly employees and on December 27 for salaried employees.

Yes, You Still Have Time

Now that you know which programs you already completed and how much incentive remains, review the following list of suggested incentive programs that can be completed before the November 30 deadline. The programs are listed in the recommended completion order.

- [myWell-Being Preventive Screenings](#) (\$200). See page 4 of the [2013 myWell-Being Guide](#) to determine if you need a preventive screening or if you can use the health data from your last screening. Do not forget to enter your data on the [mywell-being.incentive.hersheys.com](#) website in order to receive your incentive. It is NOT automatically tracked for you

- [Well-Being Assessment](#) (\$200). Use your most recent health data to complete this online assessment. Completion is automatically reported
- [myWell-Being Action Items](#) (\$50 for completing four). Action Items are generated after you complete the Well-Being Assessment and personalized based on your Assessment answers. Complete these quick-and-easy online activities. Completion is automatically reported
- [myWell-Being Activities](#) (\$25 per activity, up to \$50). Did you get a flu shot or participate in a community service event? These are incentive-eligible activities. Do not forget to enter your data on the mywell-being.incentive.hersheys.com website in order to receive your incentive

Health Coaching, Clinical Coaching and Quit For Life

If you are already enrolled in the [Health Coaching](#) (\$100 for two calls), [Clinical Coaching](#) (\$100 for two calls) and [Quit For Life](#) (\$50 for four calls), see if you can complete the needed calls before the November 30 deadline. Completion of calls is automatically reported. If you cannot complete the Health Coaching and Clinical Coaching calls until after the deadline, they will be credited as completed incentives for 2014.

Global Wellness Programs

“Give Me a Break” was the final 2013 Global Wellness Program. If you registered for and participated in this program and completed the participant evaluation by November 2, your completion was automatically reported. Participation in “Holiday Helper” counts as a 2014 Global Wellness Program.

Questions

If you have questions regarding the myWell-Being Incentive Program, see the resources on the myWell-Being page on myHR.hersheys.com and on myWell-Being.hersheys.com or contact Healthways at 1-866-976-2014.